



Photo: © Roseanne Pennella

Thanks to your help, in 2002:

1,229 artificial limbs were fitted, for landmine victims and other amputees, at our 3 rehabilitation clinics.

1,344 orthopaedic braces were fitted for people affected by polio and other diseases.

2,433 limbs & braces were repaired. Limbs & braces have to be checked frequently and adjusted or replaced as necessary - every 6 months or so for growing children, every 1-2 years for adults.

184 wheelchairs were distributed (some of our patients can't use artificial limbs or braces).

234 disabled children got the help they needed to start school.

3,504 patients received follow-up visits from Outreach and Community workers, to check that their limbs or braces are working properly, and to find out what further help they need.

5 self-help community groups were set up.

918 new patients were identified and given rehabilitative care.

18,407 patients were treated by graduates of our training school, now working in physical rehabilitation clinics across Cambodia.

The Cambodia Trust

Newsletter Spring 2003



This newsletter tells a story of hope. Men, women and children, disabled by the horrors of war and poverty, are being given the support they need to rebuild their lives. People who were excluded from society are now participating in school, training and employment. Thanks to the Cambodia Trust's dedicated staff, and to you - the generous organisations and individuals supporting this important humanitarian work - many of Cambodia's disabled people now have the chance to play a more equal part in the community.

In the last year, thousands of disadvantaged disabled people have received the support they need to break the cycle of poverty. Qualified local staff have helped to reduce reliance on expatriate expertise, and the Trust's work has gained international accreditation.

But there is **so much more** to do. Cambodia is one of the most heavily mined countries in the world, with at least **40,000** landmine amputees - and that figure will continue to rise until every landmine has been found and cleared; in 2002, another **828** people were killed or injured by landmines or unexploded ordnance. Decades of conflict destroyed the healthcare system, leaving a further **50,000** people disabled by polio and other diseases. Excluded from school, unable to work and support their families and denied access to healthcare, these people are cast out to the edges of society simply because they are disabled. **They need our help.**

Through its clinics, its Outreach and Community work and its training school, the Cambodia Trust is enabling people with disability to play an equal part - in education, in employment, in their communities. **Please, continue to support** the Trust's work. Together, we can help Cambodia's most disadvantaged disabled people to **break the cycle of poverty.**

Your support can make a difference.

Margaret Drabble CBE
Cambodia Trust Patron

News from the UK

Calling all Young Artists - Christmas Card Competition

It may seem strange to be talking about Christmas already, but here's a chance for you to see your art in print - and to help the Cambodia Trust at the same time!

We're holding a competition to find a design for Cambodia Trust Christmas cards, to be sold in aid of our work with landmine amputees, polio victims, and other disadvantaged disabled people. The competition is open to anyone up to the age of 18.

You could choose to paint a Cambodian scene, a Christmas image, or you could illustrate a theme such as 'hope' or 'peace'. It's up to you! So get out your pens, pencils, crayons and paints and be creative!

Please send your artwork with your name, age and full address, to: Christmas Card Competition, The Cambodia Trust, 11 Friday Court, North Street, Thame, OX9 3GA, UK. (If you prefer to create your artwork on a computer, please send it to us on a floppy disk or CD ROM as a CMYK TIFF.)

The closing date for entries is **30th June 2002**. The winners will be notified in July, and the winning designs will be published in our Autumn newsletter. The Christmas cards will then be printed and will go on sale in October 2003. We have supporters and fundraisers all over the world - so your design could be seen by **thousands** of people, from Canada to Cambodia!



Outreach Worker Lim Eng, who is a landmine amputee, checking up on a fellow amputee patient.

Photo: © Glen Howey

Stress-free tax returns!

Heydon & Co. Chartered Accountants have kindly offered to make a **£25** donation to the Cambodia Trust, for every tax return prepared for a supporter.

The charge for preparing a standard tax return is £95 plus VAT. For further information, please call 01844 216 655 or email: tax@heydon.org.uk

Wear the T-shirt - make a difference!



front

So many people have asked whether they can support us by buying a T-shirt - well, now you can! The profits we make on these T-shirts help us raise vital funds - and by wearing one, you help us raise awareness too.

T-shirts are **£15** each. They are made from 100% cotton, in **Red** or **Orange**. Sizes currently available are: **Large** (approx. 57cm wide) and **Extra Large** (approx. 61cm wide). A wider selection of sizes will be available next time we reprint the shirts - please check our website for availability.

You can order your T-shirts using the enclosed donation form. You can also download an order form on our website: www.cambodiatrust.org.uk



back

Where there's a Will...

Everyone can leave the world a better place. It's easy to leave a legacy to a good cause, yet fewer than 1 in 20 people in the UK remember a charity in their Will. Perhaps **you** could help us continue our vital work in the future, by remembering us in **your** Will?

It's simple - all you need to do is contact your solicitor or financial adviser. Explain that you would like to include The Cambodia Trust in your Will. A simple statement will be added to your Will, such as:

I bequeath to the Cambodia Trust, of 11 Friday Court, North Street, Thame, Oxon OX9 3GA, Registered Charity Number 1032476, the sum of £_____ (for a pecuniary bequest), or: the residue of my estate (for a residuary bequest) to be used by the Trust at its discretion.

For further information, please contact your solicitor or call us on 01844 214 844 for a **free guide to Making or Amending a Will.**

News from Cambodia

The Cambodia Trust wins the AGFUND Award

In September 2002 we were delighted to hear that we had been awarded the **AGFUND International Prize for Pioneering Development Projects**. The announcement was made by HRH Prince Talal Bin Abdul Aziz Al Saud, President of AGFUND (the Arab Gulf Programme for United Nations Development Organizations). The prize was presented to our International Director, Carson Harte, at an award ceremony at UNESCO in Paris, in December 2002.

The Cambodia Trust's rehabilitation project was selected from 73 nominations in the category, *'Rehabilitation and social integration of people with special needs'*, reserved for pioneering projects implemented by NGOs. "We're deeply honoured to receive this Award," said Kathleen Biggs, Director of the Trust's projects in Cambodia. "Everyone here is so proud that the hard work and dedication of our founders and our staff has been recognised in this way. This award reflects the impact the Cambodia Trust is having on the lives of disabled people here, and the progress we're making towards equal rights for Cambodia's most vulnerable people."

"2002 was a tough year for many charities, and we were no exception," added International Director, Carson Harte. "Winning this award has given us a real boost and a sense of pride. The \$100,000 prize will be used to help us sustain and develop our work in 2003."

We are delighted to report that **Kheng Sisary**, an outstanding Trust graduate and the **first female assistant lecturer** at our training school, has been accepted on a post graduate Prosthetics and Orthotics course at the University of Strathclyde in Scotland. The majority of the course is taught over the internet and by correspondence.

Sisary's fees and expenses are being covered through the magnificent fundraising efforts of **Mrs Susan Walters** from Glasgow. Sisary and Sue met last year, outside the University. So inspired was Sue during that brief meeting, she has dedicated the last year to raising funds to support Sisary's studies.



Students & Teachers

At our training school, the **Cambodian School of Prosthetics & Orthotics**, we are proud to welcome students from surrounding countries as well as from Cambodia.

This year we have 4 students from Cambodia, 5 from Sri Lanka, 3 from Laos and 1 from Brazil. This diversity is helping us to share our expertise across a wide region, ensuring a better future for more disabled people in S.E. Asia and even further afield. Students from overseas are also helping to ensure the financial sustainability of our training school, as their study costs are sponsored by organisations such as the International Committee of the Red Cross. This year, we have more female students than ever before - 8 out of 13! The training

of female staff is vital for the rehabilitation of disabled women and girls in the region, as many are too frightened to receive treatment from male staff.

Unique diversity can also be seen in our expatriate staff: from Great Britain, Australia, Denmark, Sweden and the USA. Thus students and National staff can learn skills and gain experience and specialised knowledge from a variety of backgrounds, building greater capacity for the future.

photo from left to right: Mary Scott, School Principal (Great Britain), Aaron Williams, Senior Lecturer (Australia), Olle Hjelmström, Lecturer (Sweden), Lise Hjelmström, Lecturer (Denmark), Sue Ewers, Lecturer (USA).



Fundraising News...a BIG Thank You...

...to everyone who has supported our work so generously in the last year. We don't have room here to thank everybody, but these are just a few of the people who have made special contributions...



The Friends of Cambodia Trust (Ireland), have organised a variety of events, combining fundraising and fun! Our thanks to **Alison and Paul Warwick** (left), for their constant enthusiasm and energy!

Sally and Mike Blake organised a Cambodian evening which included poetry, film and an authentic Cambodian supper - for over 100 people!

Alex de Jongh and Michael Toolan cycled across Cambodia in just 3 weeks - despite the heat!

Nick Lawson and Daniel Schneider (right) ran in the New York Marathon last November.

Long-time supporter **Elizabeth Birkby** asked for donations instead of gifts, for her 40th Wedding Anniversary.

Linda Lucas raised the funds to buy 3 wheelchairs.

Tim Mallett held a collection in memory of his late wife, **Margaret Mallett**, who was a loyal supporter of our work for many years.

Mr Knaggs and the students at **Hillsborough Primary School** held a Fun Run and a No-Uniform Day to raise funds. Special thanks to **Luke & Ben Warwick**, whose idea it was! Thanks too, to students at **King John School, Essex** and **St. Margaret's College & Schools Alumni Association, Tokyo**.

David Cook (right), who was disabled in a traffic accident, was inspired into action by our 2002 BBC Lifeline appeal, and raised funds with a sponsored parachute jump.

An event celebrating the "Magic of Cambodia" was organised by **Andy Brouwer & Caroline Nixon**

(right, with **Kaliane Bradley**). The day included talks, film, exhibitions and Cambodian food and dance.



Harrow Young Musicians held a concert....**Jackie McLeish** did a sponsored cycle ride....**Alice Leahy** sold knitted dolls....**Mr T Leonard** ran in the Norwich Half Marathon...**Annette Liron** ran a stall at the Jersey Xmas Fair...**Nina Robertson** held a benefit dance class...**Ben Sadler** ran in the London Marathon for the second time, sponsored by his colleagues at **Pricewaterhouse Coopers**...special thanks also go to patron **Margaret Drabble, Chris Moon, Andrew Smart, Bristol Airport Golf Society, Society of Friends, Truro, TORT Centre, Tayside University Hospitals, Warwick Friends Meeting, Youth with a Mission...**



Neil Armstrong and the staff at **MeddiQuest** promoted our work at exhibitions and through their corporate publications...staff at **3i, Bywell Holdings, Rapid Office Equipment (Grimsby), Scotia Capital** and **Standard Life** held fundraising events and made donations to provide artificial limbs and braces for our patients...

Collections were held at **Cheshunt Free Church, Catholic Church, Essex, McCracken Memorial Christmas Service, Parochial Church Council of St Gwladys Church, Redland Religious Society of Friends, St Augustines Church, Tunbridge Wells, Trewennack Methodist Church...**

The Cambodia Trust Australia was launched, thanks to Joy Irvine and Gill Green, and support was gratefully received from **American Friends of the Cambodia Trust and Cambodia Trust - Aotearoa New Zealand**, which secured funding for our work through the VASS scheme of **NZAID**.



For fundraising ideas and materials please visit our website: www.cambodiatrust.org.uk

For more information please contact The Cambodia Trust
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